

50 Reasons to Consider a SEXUAL SABBATICAL

Check all that apply

RELATIONAL REASONS

- 1. To teach your partner a lesson.
- 2. To show your partner you can live without sex.
- 3. In toxic relationship and realizing you allow the cheating and abuse because of the great sex and need to pull away.
- 4. To make sense of your present relationship.
- 5. To test your relationship.

PREMARITAL

- 6. Presently living with your partner and would like to put sex on hold for a season.
- 7. Recently engaged.
- 8. In premarital counseling and instructed would need to do so.

EX ISSUES

- 9. Need time to get over, heal and forgive your ex.
- 10. Recently divorced.

DATING CONSIDERATIONS

- 11. About to enter the dating scene and want to learn how to date without having sex.
- 12. Want to know how to respond when approached and/or tempted to have sex.
- 13. To establish your sexual boundaries, standards and expectations.
- 14. Need to learn how to effectively manage your sexuality.

PHYSICAL CONSIDERATIONS

- 15. Tired of being used sexually.
- 16. Contracted STD.
- 17. Had an abortion and hurting from decision.

ADULTEROUS REASONS

- 18. Tired of having sex with your married boyfriend.
- 19. Tired of being the proverbial side chick.
- 20. Ready to leave sugaring and your 'arrangement'.

FOR SEX INDUSTRY PROFESSIONALS

- 21. Ready to leave the life but afraid of financial consequences and need time to figure out how you'll support yourself.
- 22. Tired of the sex game and ready to retire.
- 23. Porn viewing and re-enactments have gotten out of hand.
- 24. Realized the only thing you're good at is sex and want to discover your true calling.
- 25. No longer want to be a professional escort and/or stripper and looking for a way out.

VICTIMS OF SEXUAL ASSAULT AND HUMAN TRAFFICKING

- 26. Have been a victim of sex trafficking and don't know what it's like to not have it.
- 27. Have been a victim of sexual assault and need time to heal.

RELIGIOUS REASONS

- 28. Ready to get closer to God.
- 29. Want to study the purpose of sex so that you can be better educated with your decisions.
- 30. Want to learn the 'science' and mathematics behind sex.
- 31. Hold a church leadership position and no longer want to feel hypocritical.
- 32. Really enjoy sex but know you shouldn't be doing it outside of marriage.
- 33. Saved, still having sex but want to live a sexually pure and exciting life.
- 34. Lost your virginity way too soon and desire to do it God's way.

PURPOSEFUL REASONS

- 35. Ready to discover your purpose without distractions.
- 36. Want to discover who you really are when you no longer have sex to offer.

PERSONAL

- 37. To take some time to focus on you.
- 38. Want to see if you can fully commit, but afraid of being alone.

FAMILIAL

- 39. Realized daughters looking at your example and see them repeating your mistakes.
- 40. To be a better example for your daughter.
- 41. To be a better example for my little sisters and relatives.
- 42. To show your sons, by example, what type of woman to choose.

SEXUAL IDENTITY

- 43. To curve your attraction for other women.
- 44. No longer want to be labeled a hoe.
- 45. Recovering sex addict.
- 46. Tired of feeling guilty after sex.
- 47. Just need a break and ready to give your body a rest.
- 48. Want to test yourself to see if it's possible.

PREPARATION FOR MARRIAGE

- 49. Want to save yourself for your future husband.
- 50. To give your future husband the gift of purity on your wedding day.



If you selected three or more, you definitely need a Sexual Sabbatical!

Sign up today!

stacisweet.com

Sex Education, Coaching, and Consultancy

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Take the Sexual Sabbatical Challenge

The Sexual Sabbatical Challenge is a self-paced, online course complete with eBooks and accountability texts chocked full of no nonsense insight, advice and aha moments that will challenge the way you think about sex. It also comes complete with:

- **Biweekly Checkup Emails for 60 days**
- **Weekly Accountability Texts for 60 days**
- **a Real Sex Issues: Life Before, During, and the Aftermath of Sex eBook (valued at \$14.97)**
- **a Girl, Get Your Mind Right eBook (valued at \$9.97)**
- **a Girl, Get Ready! Your Future Husband Is Coming! eBook (valued at \$9.97)**
- **119-Bite Sized Prayers for Future Wives eBook (valued at \$9.97)**
- **Completion Certificate, and...**
- **a 15% discount off hourly Wait Coaching* rates**

Meet Your Sexual Sabbatical Coach

As a professional, **Staci Sweet** worked in performance management for a fortune 500 servicer. A part of her responsibility included managing, monitoring, and evaluating the performance of some 50+ direct reports which often included coaching and if need be, corrective action. That experience, combined with her former sexual addiction, and eighteen years of wait experience led her to found a faith-based, online sex education, consultancy and coaching practice where she monitors, evaluates, and teaches single women of faith how to manage their sexuality.

Along with her award-winning professional experience, she's designed an **Sex Masterclass** and **Sexual Sabbatical eCourse**; authored a wait book for women entitled, '**Real Sex Issues: Real Talk About Life During, Before, and the Aftermath of Sex**'; written two marriage prep books entitled, '**Girl, Get Your Mind Right**' and '**Girl, Your Future Husband is Coming!**', and a prayer guide entitled, '**119 Bite-Sized Prayers for Future Wives**'. She's also served as an **Abstinence Workshop Facilitator**, written **outercourse education curriculum for parents** and a knocked out a companion playbook for teens entitled, '**Girl, You're Not Ready!**'

As a former sex addict, she understands the difficulty of leaving a highly profitable and pleasurable sex life.

But she also understands the need for single women of faith to retire their heads, hearts, and hips from the wear and tear of the game. After 18 years of sexual abstinence, she's gained a level of sexual mastery that most Sex Counselors, Therapists and Dating Coaches don't have. So girl are you up for the challenge?

 **Staci Sweet**
Sex Educator, Coach, & Consultant

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